Culturally Alert Counseling

Families and Larger Systems

Addressing Cultural Complexities in Practice

The new edition of COUNSELING TODAY'S FAMILIES is thoroughly revised and updated continuing to use systems-based approach to understanding, assessing, and counseling a variety of today's families. The authors examine current family structures and living arrangements, detail common problem areas from a family systems perspective, and offer intervention guidelines for working effectively with varying family types. Cultural considerations, gender issues, and social context are included for each family pattern to ensure that the coverage in the text does indeed offer a realistic view of families today.

Handbook of Family Therapy

This book provides broad coverage of the various research approaches that have been used to study the development of ethnic identity in children and adolescents and the transmission of ethnic identity across generations. The authors address topics of acculturation and the development and socialization of ethnic minorities--particularly
Mexican-Americans. They stress the roles of social and behavioral scientists in government multicultural policies, and the nature of possible ethnic group responses to such policies for cultural maintenance and adaptation.

Hombres Y Machos

In a revised edition of her revelatory work You Can Go Home Again, veteran family therapist Monica McGoldrick explains how understanding family patterns and history through the use of the genogram - a more in-depth version of the traditional family tree - can reveal a family's history of estrangement, alliance, divorce, suicide, or disease and help us to learn, grow, and deepen the bonds with our own families. McGoldrick uses famous families as examples to bring the discussion to life - the Obamas, the Ghandis, the Roosevelts, the Kennedy's, Frida Khalo, Freud, Che Guerva and the Hepburns, among others, are all included. By drawing on these examples and incorporating new illustrations and updated genograms, she shows how issues of sibling rivalry, birth order, family myth, marital relations and parent-child relationships can all play a role in how we perceive our family history, our sense of 'home,' and, therefore, our identity. In The Genogram Journey McGoldrick examines our collective past while informing us about how to use it wisely to shape the future.

Family Therapy

The editor of the classic "Ethnicity and Family Therapy" explores the ways that clients' lives, and family therapy itself, are constrained by larger forces of racial, cultural, sexual, and class-based inequality. This groundbreaking volume expands the boundaries of the field and works toward truly inclusive clinical practice. Integrating theoretical exposition, case studies, and autobiographical narratives, the book offers concrete suggestions for improving family therapy.

Living Beyond Loss

This unprecedented volume provides a primer on diverse couples and families— one of the most numerous and fastest-growing populations in the United States— illustrating the unique challenges they face to thrive in various cultural and social surroundings. • Offers an examination of a broader-than-typical array of diverse families and the challenges they face • Includes case vignettes of couples and families of varying racial/ethnic, socioeconomic, religious/spiritual, and sexual orientations, the subgroups among them, and their intersections • Examines issues including social disparities, stereotyping and discrimination, identity development, and the roles of neighborhoods and communities • Written to allow easy incorporation as a textbook or supplemental text • Includes highlighted "Myths and Realities" with each chapter as well as a list of additional resources
and cultural competence take-aways after each section

Family Therapy

This classic text helps professionals and students understand and address cultural and racial issues in therapy with African American clients. Leading family therapist Nancy Boyd-Franklin explores the problems and challenges facing African American communities at different socioeconomic levels, expands major therapeutic concepts and models to be more relevant to the experiences of African American families and individuals, and outlines an empowerment-based, multisystemic approach to helping clients mobilize cultural and personal resources for change.

Diversity in Couple and Family Therapy: Ethnicities, Sexualities, and Socioeconomics

If individuals cannot adequately be understood without reference to the family system, families themselves are comprehensible only in a broader social context. Families and Larger Systems is the first single-author book on families and larger systems designed specifically for the practicing therapist. It offers rich descriptions of the difficulties families and larger systems often pose for one another; presents a detailed assessment model for therapists; and provides a careful interviewing format as well as directions for designing creative interventions. Imber-Black offers a consultation model for dealing with families and larger systems who have become embroiled with one another, and methods for longer term work with those families who must engage with larger systems across significant portions of their life cycle, due to illness, handicaps, or poverty. Problems of labeling, stigma, and secrecy in families are addressed, and an entire chapter is devoted to women's issues in families and related systems. Utilizing numerous case illustrations and interview excerpts, Dr. Imber-Black first delineates the problems common to family-larger system situations, analyzing the origins of these interactions, the assessment model and interviewing methods used, and the design and implementation of intervention. In the second half of her book, she presents in-depth discussions of strategies for improving the relationship between families and related systems. Through concrete example and hands-on analysis, Imber-Black shows how the misconceptions, assumptions, and subsequent labeling of family functioning and family members give rise to stalemated situations. Families and Larger Systems provides a practical guide for all clinicians regardless of theoretical orientation. Therapists who wish to maintain a career in public sector settings, such as mental health clinics, hospitals, and schools, will find in this volume direction for effective work with families and the maintenance of good working relationships with colleagues. Therapists in private practice will discover that Imber-Black's model will aid their conceptualization of
cases that have involved multiple therapists or other practitioners. Much of the material presented will also be useful to human services workers, both professional and paraprofessional, in welfare, child welfare, probation, drug counseling, schools and other institutions. The book’s ecological viewpoint, which enables such professionals to see their own position in the system, also helps them to avoid the traps of replicating existing patterns, and to position themselves for therapeutic change. Finally, this book will be of interest to human service system administrators and program planners. The case examples offer a seldom seen view of the struggles families and multiple helpers can have with one another, while its theoretical models can be utilized to assess current inter-systematic functioning among larger systems in a community, with implications for program design and burnout prevention.

Re-visioning Family Therapy

This book offers a clear, easily adaptable model for understanding and working with cultural differences in therapy.

Re-Visioning Family Therapy, Third Edition

This book was written to provide counseling and human development professionals with specific guidelines for becoming more culturally responsive. It looks at the evolution of multicultural counseling, addresses ideas and concepts for culturally responsive counseling interventions, and examines the implications of cultural diversity for future counselor training. Individual chapters include the following: (1) "Promise and Pitfalls of Multicultural Counseling" (Courtland C. Lee and Bernard L. Richardson); (2) "Cultural Dynamics: Their Importance in Multicultural Counseling" (Courtland C. Lee); (3) "Counseling American Indian Adults" (Grace Powless Sage); (4) "Counseling Native American Youth" (Roger D. Herring); (5) "Counseling African American Women: 'Sister-Friends'" (Janice M. Jordan); (6) "Utilizing the Resources of the African American Church: Strategies for Counseling Professionals" (Bernard L. Richardson); (7) "Counseling for Chinese Americans" (David Sue and Derald Wing Sue); (8) "Counseling Japanese Americans: From Internment to Reparation" (Satsuki Ina Tomine); (9) "Counseling Americans of Southeast Asian Descent: The Impact of the Refugee Experience" (Rita Chi-Ying Chung and Sumie Okazaki); (10) "Issues in Counseling 1.5 Generation Korean Americans" (Julie C. Lee and Virginia E. H. Cynn); (11) "Counseling Latinas" (Patricia Arredondo); (12) "Counseling and Human Development Issues, Problems, and Approaches" (Gerardo M. Gonzalez); (13) "Counseling Chicano College Students" (Augustine Baron, Jr.); (14) "Puerto Ricans in the Counseling Process: The Dynamics of Ethnicity and Its Societal Context" (Jesse M. Vazquez); (15) "Counseling Arab Americans" (Morris L. Jackson); and (16) "New Approaches to Diversity: Implications for Multicultural Counselor Training and Research" (Courtland C. Lee). References are...
Racism

Integrative, research-based, multisystemic: these words reflect not only the state of family therapy, but the nature of this comprehensive handbook as well. The contributors, all well-recognized names who have contributed extensively to the field, accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy, practice, and research. Each individual chapter contribution is organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains five parts: • Part I describes the history of the field and its current core theoretical constructs • Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of practice in the field • Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive • Part IV summarizes evidence and provides useful findings relevant for research and practice • Part V looks at the application of couple and family interventions that are based on emerging clinical needs, such as divorce and working in medical settings. Handbook of Family Therapy illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible. Practitioners, researchers, and students need to have this handbook on their shelves, both to help look back on our past and to usher in the next evolution in family therapy.

Between Give And Take

A family therapist uses the family trees of famous dynasties--such as the Kennedys--to show how behavior repeats itself from one generation to the next and to examine the effects of birth order and other factors.

Ethnic Identity

Now in a significantly revised and expanded second edition, this groundbreaking work illuminates how racism, sexism, and other forms of oppression constrain the lives of diverse clients and family therapy itself. Practitioners and students gain vital tools for re-evaluating prevailing conceptions of family health and pathology; tapping into clients' cultural resources; and developing more inclusive theories and therapeutic practices. From leaders in the field, the second edition features many new chapters, case examples, and specific recommendations for culturally competent assessment,
Where To Download Ethnicity And Family Therapy Third Edition By Monica McGoldrick

treatment, and clinical training. The section in which authors reflect on their own cultural and family legacies also has been significantly expanded.

Genograms: Assessment and Treatment

This clinical reference provides the latest knowledge on culturally sensitive practice with more than 40 different ethnic groups and demonstrates how to weave cultural information into assessment and intervention.

Families and Family Therapy

"The Second Edition of Culturally Alert Counseling is a thorough update to the first comprehensive guide to culturally alert counseling, complete with a companion demonstration DVD. Co-author and editor Garrett J. McAuliffe expands the traditional "definition" of multicultural counseling from the usual two categories of race and ethnicity to seven groupings: race, ethnicity, gender, religion/spirituality, disability, class, and sexual orientation. With case vignettes and interactive activities, students will be informed, moved, and changed by the encounters with culture that lie in these pages. The book and companion DVD encourage readers to examine the complex nature of culture and how it impacts all stages of the counseling process."--Publisher's website.

The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, Third Edition

Widely used by both family therapists and family physicians, the genogram is a graphic way of organizing the mass of information gathered during a family assessment and finding patterns in the family system. This popular text, now updated and expanded, provides a standard method for constructing a genogram, doing a genogram interview, and interpreting the results. Both entertaining and instructive, Genograms is an ideal way to introduce all those involved in family treatment - family therapists, physicians, nurses, social workers, pastoral counselors, and trainees in these fields - to this essential assessment and intervention tool.

Ethnicity and Dementias

The classic and critically acclaimed book Family Therapy with Ethnic Minorities, Second Edition has now been updated and revised to reflect the various demographic changes that have occurred in the lives of ethnic minority families and the implications of these changes for clinical practice. Family Therapy with Ethnic Minorities provides advanced students and practitioners with the most up-to-date examination yet of the theory, models, and techniques relevant to
ethnic minority family functioning and therapy. After an introductory discussion of principles to be considered in practice with ethnic minorities, the authors apply these principles to working with specific ethnic minority groups, namely African Americans, Latinos, Asian/Pacific Americans, and First Nations People. Distinctive cultural values of each ethnic group are explored as well as specific guidelines and suggestions on culturally significant family therapy strategies and skills. Key Features: The revised text reflects advances in family therapy scholarship since the first edition thus ensuring for readers an up-to-date treatment of the topic Accents and extends current critical constructionist theories and techniques and applies them within a culturally specific perspective Pays special attention to the issues of 'historical trauma' (referred to as 'soul wound'), especially in work with First Nations Peoples and African American families.

Latino Families in Therapy, Second Edition

Culture and Identity by Anita Jones Thomas and Sara E. Schwarzbaum engages students with autobiographical stories that show the intersections of culture as part of identity formation. The easy-to-read stories centered on such themes as race, ethnicity, gender, class, religion, sexual orientation, and disability tell the real-life struggles with identity development, life events, family relationships, and family history. The Third Edition includes an expanded framework model that encompasses racial socialization, oppression, and resilience. New discussions of timely topics include race and gender intersectionality, microaggressions, enculturation, cultural homelessness, risk of journey, spirituality and wellness, and APA guidelines for working with transgendered individuals.

Revisioning Family Therapy

A leading text for courses that go beyond the basics of family systems theory, intervention techniques, and diversity, this influential work has now been significantly revised with 65% new material. The volume explores how family relationships--and therapy itself--are profoundly shaped by race, social class, gender, religion, sexual orientation, and other intersecting dimensions of marginalization and privilege. Chapters from leading experts guide the practitioner to challenge assumptions about family health and pathology, understand the psychosocial impact of oppression, and tap into clients' cultural resources for healing. Practical clinical strategies are interwoven with theoretical insights, case examples, training ideas, and therapists' reflections on their own cultural and family legacies. New to This Edition *Existing chapters have been thoroughly updated and 21 chapters added, expanding the perspectives in the book. *Reflects over a decade of theoretical and clinical advances and the growing diversity of the United States. *New sections on re-visioning clinical research, trauma and psychological homelessness, and larger systems.
Women in Families

The latest edition of this definitive book in the field of family therapy— the first update in ten years. Widely used by family therapists— and by health care professionals in general— the genogram is a graphic way of organizing the mass of information gathered during a family assessment. This visual representation allows the practitioner to find patterns in the family system for more targeted treatment. Now in its fourth edition, Genograms has been fully updated by renowned therapist Monica McGoldrick. Expanded with four-color images throughout, additional material explaining the use of genograms with siblings and couples, and a thorough updating to essential concepts, this edition provides a fascinating view into the richness of family dynamics. Informative, comprehensive, and beautifully written and illustrated, this book helps bring to life principles of family system theory and systemic interviewing, as well as walk readers through the basics of constructing a genogram, doing a genogram interview, and interpreting the results.

Ethnicity and Family Therapy

Although patriarchy, machismo, and excessive masculine displays are assumed to be prevalent among Latinos in general and Mexicans in particular, little is known about Latino men or macho masculinity. Hombres y Machos: Masculinity and Latino Culture fills an important void by providing an integrated view of Latino men, masculinity, and fatherhood?in the process refuting many common myths and misconceptions. Examining how Latino men view themselves, Alfredo Mirande argues that prevailing conceptions of men, masculinity, and gender are inadequate because they are based not on universal norms but on limited and culturally specific conceptions. Findings are presented from in-depth personal interviews with Latino men (specifically, fathers with at least one child between the ages of four and eighteen living at home) from four geographical regions and from a broad cross-section of the Latino population: working and middle class, foreign-born and native-born. Topics range from views on machos and machismo to beliefs regarding masculinity and fatherhood. In addition to reporting research findings and placing them within a historical context, Mirande raws important insights from his own life. Hombres y Machos calls for the development of Chicano/Latino men's studies and will be a significant and provocative addition to the growing literature on gender, masculinity, and race. It will appeal to the general reader and is bound to be an important supplementary text for courses in ethnic studies, women's studies, men's studies, family studies, sociology, psychology, social work, and law.

Cultural Humility
Family Therapy with Ethnic Minorities

Discusses women's role in the family, examines gender influences in family therapy, and considers marriage, motherhood, sisters, and lesbian couples.

Counseling the Culturally Diverse

In this book Maria Root uses her multiracial experience to challenge current theoretical and political conceptualizations of race, and redefine the way race and social relations are defined.

The Multiracial Experience

Voices of Color: First Person Accounts of Ethnic Minority Therapists/strong is the first book to address the training, academic, and professional experiences of ethnic minority therapists. Using real cases, narratives, and biographical material, each chapter motivates the reader to ponder and challenge how issues related to mental health intersect with race/ethnicity within a broader diversity framework. The contributors represent various mental health disciplines, and they all write from a systemic perspective on therapy cases, theory, new models, and research. The authors present powerful narratives of how their personal and professional experiences inform each other.

The Genogram Journey

In an increasingly diverse society, psychotherapists must be able to work effectively with a wide variety of clients, each of whom has been shaped by a different mix of cultural and social influences. Pamela Hays' popular bestseller invites readers to move beyond a one-dimensional view of identity to a nuanced understanding of the factors that enable therapist and client to interact productively. Her "ADDRESSING" framework encompasses Age and generational influences Developmental or other Disability Religion and spirituality Ethnic and racial identity Socioeconomic status Sexual orientation Indigenous heritage National origin Gender The book discusses cultural considerations as therapists typically encounter them, that is, during the chronological flow of clinical work. The author's integrated approach, grounded in the research literature, considers the complexities of real-life clinical practice. In this new edition, readers will find up-to-date information on the DSM-5, ICD-10, and upcoming ICD-11, as well as new sections on working with people in poverty, children, and transgender people; trauma-informed care; and the applications of mindfulness. The practical suggestions and tools in this book apply to assessment, testing, diagnosis, and
psychotherapy and are illustrated with a rich variety of case examples. Each chapter ends with a Key Ideas summary and a Practice Exercise that can be used in education and supervision.

Ethnicity and Family Therapy, Third Edition

Since the publication of the Institute of Medicine (IOM) report Clinical Practice Guidelines We Can Trust in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA’s practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA’s guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.

The Expanded Family Life Cycle
Culture and Identity

Walsh and McGoldrick have fully revised and expanded this landmark work on the impact of death on the family system.

Genograms

A long-awaited workbook companion to Monica McGoldrick's highly successful textbook Genograms.

You Can Go Home Again

"Since its initial publication, this acclaimed work has provided a comprehensive conceptual framework and hands-on strategies for culturally competent clinical practice with Latino families and individuals. Practitioners and students gain an understanding of the family dynamics, migration experiences, ecological stressors, and cultural resources that are frequently shared by Latino families, as well as variations among them. Through in-depth case illustrations, the author shows how to apply a multicultural lens to assessment and intervention that draws on each client's strengths. Creative ideas are presented for addressing frequently encountered clinical issues and challenges at all stages of the family life cycle. New to This Edition *Reflects the ongoing development of the author's multidimensional model, including additional assessment/treatment planning tools. *Incorporates the latest clinical research and over a decade of social and demographic changes. *Chapter on working with geographically separated families, including innovative uses of technology. *Chapters on health disparities and on adolescents. Expanded discussion of same-sex marriage, intermarriage, divorce, and stepparenting. Subject Areas/Keywords: acculturation, adolescents, assessments, Chicano, children, clinical practice, couples, cultural diversity, discrimination, ethnicity, families, family therapy, Hispanic, immigrants, immigration, Latino, mental health, migration, parenting, prejudice, psychotherapy, racism, religion, spirituality, treatments Audience: Therapists and counselors working with families; instructors and students in family therapy, clinical psychology, psychiatry, social work, counseling, and nursing"--

Counseling Today's Families

Now featured in a Classics Edition with a new Foreword by Donald Boch, The Expanded Family Life Cycle integrates theory and current research with clinical guidelines and cases by two of the most-respected authors, teachers, and clinicians in the field of family therapy, Betty Carter and Monica McGoldrick. This classic Family Therapy text provides "and more comprehensive way to think about human development and the life cycle," reflecting changes in society away from
orientation toward the nuclear family, toward a more diverse and inclusive definition of "family." This expanded view of the family includes the impact of issues at multiple levels of the human system: the individual, family households, the extended family, the community, the cultural group, and the larger society. The text features a ground-breaking integration of individual male and female development in systemic context; our increasing racial, ethnic, and cultural diversity; the emergence of men's movements and issues; the growing visibility of lesbian and gay families; and the neglected area of social class.

Multicultural Issues in Counseling

This volume provides a comprehensive, sharply focused guide to the clinical use of Contextual Therapy as a therapy rooted in the reality of human relationships. The basic principles of Contextual Therapy and their implications for the therapeutic process are examined as well as other essential areas such as the four dimensions of the therapeutic process; the client-therapist dialogue; overcoming resistances in therapy; and therapeutic methods, illustrated by a detailed case presentation and discussion of contextual work with marriage. Presenting a remarkably effective system of psychotherapy, this text is sure to enrich the therapeutic work of every clinician.

The Genogram Casebook

Mike Nichols' engaging yet thorough guide has long been the standard in family therapy. The author describes and analyzes the field of family therapy, covering its history, schools, and developments. Numerous cases help readers apply theories to real situations and make the text even more engaging. Upon completing this book, readers will be able to: Describe clinical approaches Understand old and new developments in the field of family therapy Analyze successes and failures in research and the impact on current clinical practices Compare different schools of family therapy and explain the contemporary status of distinct schools of therapy Note: MySearchLab does not come automatically packaged with this text. To purchase MySearchLab, please visit: www.mysearchlab.com or you can purchase a ValuePack of the text + MySearchLab (at no additional cost).

Voices of Color

Are antisemitism and white supremacy manifestations of a general phenomenon? Why didn't racism appear in Europe before the fourteenth century, and why did it flourish as never before in the eighteenth and nineteenth centuries? Why did the twentieth century see institutionalized racism in its most extreme forms? Why are egalitarian societies particularly susceptible to virulent racism? What do apartheid South Africa, Nazi Germany, and the American South
under Jim Crow have in common? How did the Holocaust advance civil rights in the United States? With a rare blend of learning, economy, and cutting insight, George Fredrickson surveys the history of Western racism from its emergence in the late Middle Ages to the present. Beginning with the medieval antisemitism that put Jews beyond the pale of humanity, he traces the spread of racist thinking in the wake of European expansionism and the beginnings of the African slave trade. And he examines how the Enlightenment and nineteenth-century romantic nationalism created a new intellectual context for debates over slavery and Jewish emancipation. Fredrickson then makes the first sustained comparison between the color-coded racism of nineteenth-century America and the antisemitic racism that appeared in Germany around the same time. He finds similarity enough to justify the common label but also major differences in the nature and functions of the stereotypes invoked. The book concludes with a provocative account of the rise and decline of the twentieth century’s overtly racist regimes--the Jim Crow South, Nazi Germany, and apartheid South Africa--in the context of world historical developments. This illuminating work is the first to treat racism across such a sweep of history and geography. It is distinguished not only by its original comparison of modern racism’s two most significant varieties--white supremacy and antisemitism--but also by its eminent readability.

**Black Families in Therapy, Second Edition**

This widely used clinical reference and text provides a wealth of knowledge on culturally sensitive practice with families and individuals from over 40 different ethnic groups. Each chapter demonstrates how ethnocultural factors may influence the assumptions of both clients and therapists, the issues people bring to the clinical context, and their resources for coping and problem solving.

**Recognizing Race and Ethnicity**

Despite radical changes over the last century, race remains a central organizing principle in U.S. society, a key arena of inequality, and the subject of ongoing conflict and debate. In a refreshing new introduction to the sociology of race, Recognizing Race and Ethnicity encourages students to think differently by challenging the notion that we are, or should even aspire to be, color-blind. In this text, Kathleen Fitzgerald considers how the continuing significance of race manifests in both significant and obscure ways by looking across all racial/ethnic groups within the socio-historical context of institutions and arenas, rather than discussing each group by group. Incorporating recent research and contemporary theoretical perspectives, she guides students to examine racial ideologies and identities as well as structural racism; at the same time, she covers topics like popular culture, sports, and interracial relationships that will keep students engaged. Recognizing Race and Ethnicity provides unparalleled coverage of white privilege while remaining
careful to not treat "white" as the norm against which all other
groups are defined. Recognizing Race and Ethnicity makes it clear
that, in a time when race and racism are constantly evolving in
response to varied social contexts, societal demands, and political
climates, we all must learn to recognize race if we are to get beyond
it.

Ethnicity and Family Therapy

This text offers a straightforward, comprehensive overview of both
traditional and evolving theoretical models of family therapy and
intervention techniques as well as a discussion of clinical issues
unique to family therapy practice. Aiming to prepare students to
develop beginning proficiency in family therapy, the authors outline
major family therapy models in detail, including a step by step
description of concepts, theories, skills, and techniques as well as a
history of each model and its conceptual and theoretical
underpinnings. The text also provides extensive case illustrations of
family interviews that identify the specific stages, clinical issues,
concepts, theories and techniques associated with each model. This
core text is designed for graduate level courses such as Family
Therapy, Marriage and Family Therapy, Marriage and Family Counseling,
Family Systems Theory, and Family Counseling in departments of social
work, psychology, nursing, education, or human services.

Working with Families

Social, cultural, and religious characteristics that are relevant to
working with Black American families, illustrated with case examples
and hands on guide to developing cultural awareness of a specific
ethnic population.

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